

November 2018

CrossReach Information Sheet

CrossReach and Social Care Sunday: 18th November



The Moderator of the General Assembly Rt. Rev. Susan Brown will take part in a service on 18th November to mark CrossReach and Social Care Sunday – when churches are asked to remember the work of CrossReach and other social care providers. During the following week, the Moderator will visit some of our projects, including Beechwood House and CrossReach Counselling in Inverness, Whinnieknowe in Nairn and Oversteps in Dornoch. To help your congregation, there is material available on the Weekly Worship page of the Church of Scotland website, plus a prayer specially written by the Moderator. www.churchofscotland.org.uk/worship/weekly_worship

CrossReach Christmas Angel Appeal

Announcing a major appeal to raise £200,000 in support of CrossReach's work providing Christian love and care to families across Scotland. Will you be a Guardian Angel for someone this Christmas time? Keep an eye out for a congregational appeal pack arriving with your CrossReach Congregational Supporter, Session Clerk or Minister at the beginning of November. Please see over for a sneak preview of what's to come...



Resources page on CrossReach website is live!



The CrossReach website now has a Resources section where you can read and download all of our publicity material such as the latest CrossReach News and our Prayer Diary. There are also details about training courses. Coming soon is a PDF download of a new 'Tiny Book of Fundraising Ideas' (pictured) which has a wealth of ways that you and your church can raise funds to support our work. Visit: www.crossreach.org.uk and click on the 'Resources' tab on the top right of the home page – and check back regularly for updates!

CrossReach plans exhibition to mark 150th anniversary

2019 is the 150th anniversary of the Church of Scotland's social care provision and CrossReach plans to mark it with a special exhibition - and we're looking for your help! Do you have any memorabilia from the past such as brochures or invitations which we could display? If so, please take photos of your items and e-mail them to: bdd@crossreach.org.uk. However, don't send the originals to us just now. We are also looking to borrow a full length Victorian mirror, so if you could lend us one, please e-mail us. Thank you!



Social Care Forum – is your church project on it?

Don't forget to put your church updates on the Social Care Forum website. Visit: www.socialcareforum.scot. It's the website that informs, connects and inspires churches!

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Will your congregation be a Guardian Angel this Christmas?

Mary suffered from postnatal depression after the birth of her daughter.

She says: "I became incredibly depressed, weepy, anxious and beset by suicidal thoughts."



It costs between £40 and £60 for CrossReach to provide a one hour session of therapeutic support for someone like Mary.

Someone with PND will attend an average of 12 sessions of therapy.

Become a CrossReach Guardian Angel:

1. Cut out the angel bauble and write a message of hope or a prayer on the reverse to all those like Mary who have need of CrossReach's support this Christmas.
2. Return your bauble, along with your donation, for us to add to the Christmas displays at our services.

Please send your cheque (made payable to 'CrossReach') to:
Christmas Angel Appeal, CrossReach, Charis House, 47 Milton Road East,
Edinburgh. EH15 2SR.